

**Bereavement Support for Children**

**Club STAR: Sharing Together and Remembering**

A group for ages 5-18 (and their parents) grieving the death of a parent or sibling. The group meets from 5:30 – 7:30pm on the first Wednesday of the months of October to June at MGH. Club STAR is organized by the Massachusetts General Hospital for Children, Child Life, and the Social Service Department.

To register, please contact Hillary D’Amato, CCLS at 617-643-9276 or mghclubstar@partners.org.

**The Children’s Room**A resource and support center located in Arlington, MA whose mission is to offer caring support to grieving children, teens, and families. They offer free age-specific support groups and play groups as well as information and support for parents and caregivers.
781-641-4741
[http://childrensroom.org](http://childrensroom.org/)

**Jeff’s Place**

Offers free bimonthly open-ended peer support groups for children ages 3-19 and their caregivers who are coping with the death of a loved one. All groups are facilitated by professionally trained volunteers under the supervision of a master’s prepared clinician. Individual and small groups are held in Framingham, MA. Large groups are held in Wayland, MA.

508-276-3225

<https://www.jeffsplace.org/grief-support-2/>

**Comfort Zone Camps**Camps are offered free of charge to children ages 7-17 who have experienced the death of a parent, sibling or primary caregiver. Comfort Zone Camps create an environment where grieving children can have fun and break the isolation death often brings, while learning valuable coping skills for their daily lives. Typically campers attend at least 3-6 months after the loss, or any length of time beyond. Camps generally are held on weekends from Friday to Sunday afternoon. See the calendar for upcoming events: <https://comfortzonecamp.org/calendar/>
866-488-5679
[www.comfortzonecamp.org/](http://www.comfortzonecamp.org/)

**The Dougy Center for Grieving Children & Families**The Dougy Center is headquartered in Portland, Oregon, but its website offers tools for children, teens, and young adults who are grieving a death. Search their site for grief centers staffed by their trainees throughout the country.
866-775-5683
[www.dougy.org](http://www.dougy.org/)

**Rosie Remembers Mommy: Forever in Her Heart -** downloadable e-book.

The story of a young girl who is struggling with childhood trau­matic grief after the death of her mother. By reading *Rosie Remembers Mommy: Forever in Her Heart* to a child experiencing traumatic grief, a parent can help him or her understand the many feelings associated with the loss of a loved one, ask questions about the death, and know that their surviving parent is available to hear about all feelings—even upsetting ones.

From The National Child Traumatic Stress Network.

Download at: [www.nctsn.org/products/rosie-remembers-mommy-forever-her-heart](http://www.nctsn.org/products/rosie-remembers-mommy-forever-her-heart)